

TINA MARIE STRAUSS

Career Objective

A teaching position in physical education, health education and coaching.

Education

Bachelor of Arts, Gustavus Adolphus College, St. Peter, MN, June 2008

Majors: Health Education/Physical Education. Minor: Coaching. GPA/Major GPA – 3.5/3.7

Developmental Adaptive Physical Education Certificate, Winona University, Winona, MN, May 2011

Skills/Certifications

Water Safety Instructor (WSI)

American Red Cross, First Aid, CPR/AED

American Red Cross Instructor

Teaching Experience

Health & Physical Education Teacher, Austin Public Schools, MN (September 2008 – Current)

Taught Elementary Physical Education and Developmental Adaptive Physical Education since September 2008.

Taught Advanced Health at Austin High School during the 2008-2009 school year. Currently teaching elementary health district wide.

Substitute Teacher, St. Peter & Mankato Area Schools, MN (February 2008)

Substitute teacher K-12 including physical education, health education, ESL and more.

Student Teacher, Garfield Elementary & Kennedy Elementary, Mankato, MN (January 2008)

Used multiple forms of technology in Garfield 6th grade physical education classes, including pedometers and heart rate monitors. Also was a part of their rock climbing unit. At Kennedy Elementary school, I taught kindergarten, special education kindergarten and first grade.

Student Teacher, Montgomery-Lonsdale High School, Montgomery, MN (September–December 2007)

Taught 7th and 10th grade health and 7th/8th grade, 9th grade, and 10th grade physical education. Assisted in a DAPE (Developmental Adaptive Physical Education) class. Taught/adapted lessons for students who are classified as English as a Second Language, Emotional Behavioral Disorder, Autistic, Learning Disorder, Dyslexic, Physically Disabled, and Gifted.

Teaching Practicum, Saint Peter Middle School, Saint Peter, MN (May 2007)

Taught 7th grade two full weeks everyday. Implemented an Ultimate Frisbee unit.

Volunteer, Saint Peter South Elementary School, Saint Peter, MN (Fall 2006)

Assisted a physical education teacher in his second grade classes.

Teaching Career Exploration, Dakota Meadows Middle School, Mankato, MN (January 2005)

Shadowed a middle school health teacher. Prepared lessons and worked with adolescents.

Coaching Experience

Head Varsity Softball Coach, Austin High School, Austin, MN (December 2009 – Current)

Communicate with 9-12 grade coaching staff, players, parents, teachers, principals, athletic administrators, and community members. Lead, teach and delegate responsibilities to the coaching staff. Plan, organize, host and supervise practices, competitions, tournaments, and summer camps. Establish and enforce expectations and consequences at all times.

Co-Head 9th grade Softball Coach, Austin High School, Austin, MN (March 2009-May 2009)

Plan and organize practices/games. Assist in skill development, teach sportsmanship and enforce program expectations.

Assistant Softball Coach, Gustavus Adolphus College, (September 2007- Present)

Assist head coach with practices and games, recruiting, and a resource for the players on and off the field. Primary focus on coaching catchers and infielders, also helping with overall scheduling and logistics.

Head Softball Coach, Red Wing Girls Softball Association, Red Wing, MN (2001- 2007)

Organize practices/games for 6th-10th graders; skill development, strong sportsmanship, and fun!

Sports Camp Director and Coach, Skyhawks Youth Sports Camps, Eastern Metro, MN (Summer 2006)

Skyhawks' purpose is to teach children and young adults life skills through athletics. Organize and coach multi-sport camps for youth 4-18 years old.

Presentations/Graphic Design

National Health Conference Case Study Competition, American Alliance of Health, Physical Education, Recreation and Dance, Baltimore, MD (March 13-16, 2007)

With 2 fellow students placed 4th in competition with 9 other colleges and universities to develop a solution to a pertinent health issue using theories and knowledge gained in undergraduate education.

Conference Presenter, American College of Sports Medicine, St. Cloud, MN (April 7, 2006)

Presented research project comparing the actual vs. CDC and MAHPERD recommended amount of physical education time in MN elementary schools. 2002 and 2005 data compared following lowering of state physical education standards in 2003.

Graphic Design, various organizations, (2005- present)

Designed/maintain personal E-portfolio, designed 10th grade health web quest, designed/maintained Gustavus Student Athletic Advisory Board website, designed 2007 MN Athletic Trainers' Association conference brochure.

Related Employment

Manager, City of Austin Municipal Pool, Austin, MN (May 2008-August 2010)

Hire, manage and train 45 lifeguards/employees each summer. Duties include: scheduling, ongoing training, food and non-food inventory and ordering, equipment inspection, swimming lessons coordinator, prepare payroll and conduct employee evaluations.

Academic Assistant, Gustavus Health and Exercise Science Department (2006-2007)

Selected by faculty. Assist in research and team taught college level courses with a peer.

Collegiate Fellow, Gustavus Residential Life Office (September 2005 – May 2007)

Selected by College as role model and leader for 50 women in residence hall to build a positive living/learning community included planning activities, enforcing college policies, and administration.

“Education is not preparation for life; education is life itself.” – John Dewey